SHAUNAVON HIGH SCHOOL NEWSLETTER

FEBRUARY 7, 2025



Staff Appreciation Week is February 9-15, 2024. This year's theme is "Heroes of Education," and we would like to recognize and thank our wonderful teachers and staff for their endless support to our students and each other.

Thank you to our SCC for the donation to the Christmas banquet. Their generous donation purchased food and prizes for the SRC activities.

Thank you to The Sogn Family Foundation for their generous financial support in replacing our AED machine at Shaunavon High School.

GRADUATION

Grad 2025 is on Friday, June 27. Only those students who meet Saskatchewan Education graduation requirements will be allowed to participate in the Grad ceremonies.

PARENT-TEACHER CONFERENCES

Parent-Teacher Conferences will be on Tuesday, April 29th, from 4:00 p.m. to 9:30 p.m. The conferences will be scheduled with a staff member who teaches the student.

SCHOOL BREAK

Family Day is February 17th and the Spring Break is from February 18 to February 21. School resumes on Monday, February 24.

CAREER DEVELOPMENT LINK

Parents and students can easily access all of Chinook School Division
Career Development information and resources on the Shaunavon High School website. Simply go to www.chinooksd.ca/school/shvnhs/ and scroll down to the resource link, titled "Career Development."

SCHOOL WEBSITE

We encourage parents and students to visit our school website where we will list information regarding school closure, daily announcements, school calendar, as well as the monthly newsletter. Please make a note of our web site and refer to it in the future for weather and other emergencies: http://www.chinooksd.ca/school/shvnhs.

SCHOLARSHIPS AND BURSARIES LINK

There are a number of scholarships and bursaries available for students. Here is a selection of what can be accessed through our school website. Scholarships and Bursaries

SCHOOL COMMUNITY COUNCIL

The SCC is hosting a family bingo night on Monday, February 10 in the SHS gym. All students, staff and their families are invited and encouraged to attend. This is a FREE event with chances to win up to \$150.00 worth of prizes. Doors open at 6:30 with the first of 5 bingo games beginning at 7:00.



TELEMIRACLE

The SRC will be raising money for Telemiracle. Donations will be collected at the office and the SRC will be selling Telemiracle Helping Hands. They will also be selling "Crush" pop for \$2.00 at noon hours from Monday, February 10 until Wednesday, February 13. The pop will be delivered to students on Friday, February 14. Students can purchase a "Crush" for themselves or to be delivered to someone in the school. All "Crush" sale proceeds will be donated to Telemiracle. The SRC

will also be selling FRESH elephant ears over the noon hour on Tuesday, February 25 for \$3.00.



ESSENTIAL MEDICATIONS & HEALTH-RELATED PROCEDURES

If essential medications and/or health-related procedures are required at school, parents are required to request the service and/or procedures in writing. Please send this written request and information with your child to be delivered directly to the school office.

YEARBOOK

The 2021-22 or earlier editions of the yearbook are available for purchase. Please contact Mr. Fahlman or the office.

Later and current editions are still in publication by this years' eager yearbook team. Thank you to the students for their interest in joining yearbook!

We are on the lookout for Football, Volleyball, and Basketball photos, as well as Student Life at SHS! Please share them right from your phone by using the feature below!



Share your photos!

SASKATCHEWAN HEALTH AUTHORITY

Outsmart Germs See Page 3 & 4.

Is my child to sick to attend school? Page 5, 6, & 7.

BADMINTON

Badminton season started the first week of February. Both competitive and non competitive students from Grade 7-12 will be welcome to attend practices. Competitive students 8-12 will compete in tournaments. For more information contact Ms. Chabot or Mr. Davis.

PINK SHIRT DAY

Wednesday, February 26, 2025 is Pink Shirt Day in Saskatchewan. We will continue to advocate for kindness and treating others with compassion, dignity and respect. The SRC is encouraging all students and staff to wear pink shirts this day. The SCC will be serving students pink floats for free at noon Wednesday, February 26.

GRAD

The Grads are selling Dough To Go until February 24. Please send cash or a cheque made payable to Shaunavon High School. Estimated delivery is the first week of March. An online order form is at the following link.

Dough to Go Grad 2025 Fundraiser

Thank you for your support. If you are not contacted by a Grad and would like to order please call Nancy Leroy at (306) 297-2733.



CST CURTI'S TIP - HELP

HELP! What does it mean? To give assistance or support to (someone): to provide (someone) with something that is useful or necessary in achieving an end.

Did you know that in Saskatchewan we have Saskatchewan 211? They are a free, confidential 24/7 service that connects you with the services you need. Such as food security, childcare, income support and employment, mental health, substance use and addictions, violence/abuse, housing/shelter, newcomers, seniors and more. You can text 211, call 211 or go online to sk.211.ca.

For police help that is an emergency, there is always 911.

For police non-emergency help in Saskatchewan and you don't know the number to the local police then call **310-7267 (RCMP)**.

HealthLine **811** is a confidential, 24-hour health and mental health and addictions advice, education and support telephone line available to the people of Saskatchewan. It is staffed by experienced and specially trained registered nurses, registered psychiatric nurses, and registered social workers.

So if you need HELP... try these for a start!

ENJOY THE BREAK!

Saskatchewan **Health Authority**

Outsmart Germs

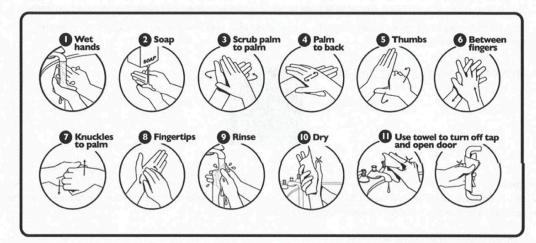
Germ Smart

Did you know?

- 80% of infectious diseases are spread through contaminated surfaces and hands.
- Handwashing is the most important thing you can do to prevent illness and the spread of germs at home and at school.
- Improved hand washing can reduce student sick days from respiratory illness like colds and flu by as much as 21%, and sick days from stomach illness by as much

Use soap, scrub for at least 15 seconds, rinse and dry hands well. These steps all work together to remove germs.





Wash hands several times per day, especially:

- After using the washroom
- After blowing your nose, coughing or sneezing into your hands
- After using shared objects such as keyboards and telephones
- After handling the garbage and other waste
- Before and after preparing or eating food
- Before and after helping people who are sick
- Before and after attending to cuts, scrapes burns or other breaks in the skin
- After contact with bodily fluids such as blood, sputum, vomit, urine or feces
- When hands are visibly dirty





Saskatchewan Health Authority

Outsmart Germs

Germ Smart

What else can you do to prevent illness?

- Use hand sanitizer when washing with soap and water is not possible.
- Ensure hand sanitizer remains wet on hands for at least 15 seconds and contains at least 60% alcohol as the active ingredient.
- · Keep your hands away from your face. Germs can be spread when you touch your eyes, nose and mouth.
- Cover your nose and mouth with a tissue or your sleeve when you sneeze or cough. This avoids spreading germs into the air or onto your hands and surfaces.
- Stay home when you are sick. Going to school or work when you are sick can spread germs to others.
- Clean commonly touched surfaces often, such as doorknobs, washrooms, sink taps, telephones and computer keyboards.

Learn more at: www.germsmart.ca



References:

1. Aiello, A., Coulborn, R., Perez, V., & Larson, E. (2008). Effect of hand hygiene on infectious disease risk in the community setting: A meta-analysis. *American Journal of Public Health*, *98*(8), 1372-1381.

Note: Images courtesy of SHA Creative Services Team